

NAME: \_\_\_\_\_ PERIOD: \_\_\_\_\_ DATE: \_\_\_\_\_

**PREPARATION FOR OUR  
GUEST SPEAKER: Fu-Ding Cheng**

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**INTRODUCTION**

Fu-Ding Cheng--visionary filmmaker and shamanic artist--began his career as a practicing architect, but has since focused his attention on books, films, and spirituality. In 1990, he founded Liquid Light Productions devoted to explore paths of self-illumination and mystical adventures through books, films, art and seminars.

His multi-faceted artistic career includes a prize-winning series of films, *Zen-Tales for the Urban Explorer* presented as a special retrospective at the Hammer Museum; album covers (*Heart's Dog and Butterfly*); and a children's book, *Dream-House*. While teaching film directing at the North Carolina School of the Arts, he created a groundbreaking new curriculum, *Shamanic Tools for the Filmmaker*.

However, first priority over all vocational activities has been his life-long devotion to the spiritual quest, which led him to journeys East (meditation in the Himalayas, Chinese Kung-Fu), and to journeys West (spiritual-psychology, Meso-American shamanic practice). In 1995, in a breakthrough ritual with teacher/shaman, don Miguel Ruiz (*The Four Agreements*) to wake up from the dream of the planet.

Since then, he has been able to master the lessons taught within the *The Four Agreements* and live by the philosophy of the Toltec. He is now considered an expert in the concepts and ideology of the four agreements and has taught the principles for the past couple of decades.

Through artwork and seminars, he has been inspired to distill the highest wisdoms, East and West, into practical pathways to personal freedom for everyone. One result: *Map of Desire, a Blueprint for Self-Fulfillment*, his latest book. [[www.fudingcheng.com](http://www.fudingcheng.com)]

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**QUESTIONS FOR HIM**

Based on the little bit that you know about our guest speaker as well as your knowledge of *The Four Agreements*, come up with three meaningful questions that you can ask him:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

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## QUESTIONS FROM HIM

Fu-Ding wants to know your honest opinions and beliefs in order to meet you wherever you are at.

Be sure to be specific and write neatly so that he can use your responses to guide his teachings.

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1. What did you like about *The Four Agreements*?

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2. What did you not like about *The Four Agreements*?

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3. How would you improve, edit, or adjust *The Four Agreements* if you could?

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4. How would you assess yourself on following *The Four Agreements* since reading?

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5. What were your self-created four agreements? (*or the gist of them*)

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6. How would you assess yourself on following your agreements since writing them?

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7. What makes you upset, mad, angry in general? What frustrates you in life?

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8. What makes you happy, joyful, excited in general? What motivates you in life?

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