ANSWER KEY

THE 4TH AGREEMENT: Always Do Your Best & THE NEW DREAM: Heaven on Earth

Directions: Answer the following questions <u>in complete sentences</u>. Connect your answers to the text. Take your time. <u>Be specific</u> with your responses & <u>write neatly/legibly</u>.

1. What is "the state of bliss" described like in "The New Dream"?

What you will see is love coming out of the trees, love coming out of the sky, love coming out of the light. You will perceive love from everything around you. You perceive love directly from everything, including yourself and other humans.

2. What does it say will happen "if you take action just for the sake of doing it"?

If you take action just for the sake of doing it, without expecting a reward, you will find that you enjoy every action you do.

3. What is life like "without judging others"?

You can easily forgive others and let go of any judgments that you have. You don't have the need to be right, and you don't need to make anyone else wrong. You respect yourself and everyone else, and they respect you in return.

4. When does it say that most people take action and how do they feel?

They only take action when they expect a reward, and they don't enjoy the action.

5. What three ways are described to "love yourself just the way you are"?

You love your body just the way it is, you love your emotions just the way they are, and you know that you are perfect just as you are.

6. How does it say that everything is learned?

Everything you have ever learned is through repetition.

7. When love is in action, what does it produce, give, and change?

Love in action only produces happiness, give you inner peace, and change your perception of everything.

8. How does having a growth mindset relate to increasing your awareness?

By having a growth mindset, we can learn from our mistakes, and learning from your mistakes means you practice, look honestly at the results, and keep practicing.

9. What is life like "without the fear of being judged by others"?

You no longer rule your behavior according to what others may think about you. You are no longer responsible for anyone's opinion. You have no need to control anyone, and no one controls you, either.

10. How will your best change over time and why?

As you build the habit of the four new agreements, your best will become better than it used to be.

Extra Credit: Ruiz says that "the most important agreements are the ones you made with yourself" because it gives you what result?

It results in your personality.