

# ANSWER KEY

## THE 3RD AGREEMENT: Don't Make Assumptions

---

**Directions:** Answer the following questions in complete sentences. **Connect your answers to the text.** Take your time. Be specific with your responses & write neatly/legibly.

---

1. Why do people make assumptions?

**We make assumptions because we have the need to justify everything, to explain and understand everything, in order to feel safe.**

2. What agreement is often made about the people that love us?

**We have agreed that if people love us, they should know what we want or how we feel.**

3. How do we break the habit of making assumptions?

**Taking the action over and over again strengthens your will, nurtures the seed, and establishes a solid foundation for the new habit to grow.”**

4. In addition to asking yourself questions and answering them, how else can you stop making assumptions about yourself?

**You need to gather more facts about a particular situation and stop lying to yourself about what you truly want.**

5. How does the example given of you “walking in the mall” relate to this agreement?

**You can make a lot of assumptions just because of this one experience. A whole dream begins to form just from your assumptions, and a whole relationship begins from that.**

6. How can making assumptions lead to breaking the first two agreements too?

**We make assumptions about what others are doing or thinking — we take it personally — then we blame them and react by sending emotional poison with our word.**

7. What assumption is often made in relationships that can be problematic?

**In relationships, we assume the other person is going to do what we want because they know us so well. If they don't do what we assume they should do, we feel so hurt and say, "You should have known."**

8. What can happen if you stop making assumptions?

**The day you stop making assumptions you will communicate cleanly and clearly, free of emotional poison.**

9. What is "the biggest assumption that humans make"?

**We make the assumption that everyone sees life the way we do.**

10. How can you keep yourself from making assumptions?

**The way to keep yourself from making assumptions is to have the courage to ask questions and ask them.**

*Extra Credit:* What two metaphors are given for "the word" or the things we say?

**The word is a force, and it is the tool of magic.**